



# CLUB ROMA SOCCER

**NEW THIS YEAR!!!**

## **FALL SOCCER PROGRAM**

**September 13<sup>th</sup> to October 25<sup>th</sup>, 2013**

Club Roma Soccer will be holding a Fall Soccer Program this year beginning Friday, September 13<sup>th</sup> and running through to Friday, October 25<sup>th</sup>.

The program is an opportunity to work directly with Club Roma's Technical Director and his team in order to develop and improve soccer skills while performing skill-building exercises as well as competing in small-sided scrimmages.

- Registration will be held on Friday, September 13<sup>th</sup> beginning at 5 PM at Club Roma.
- A copy of the registration form is attached to this email.
- All sessions will begin at 6 PM each Friday evening on the mini fields at Club Roma.
- The sessions are ideal for all levels of skill - house league and travel players welcome.
- All participants must wear appropriate soccer clothing including soccer shoes and shin pads.
- Pinnies will be used for team identification during scrimmages.

For more information, please contact Karen Costiff at [karen.costiff@sympatico.ca](mailto:karen.costiff@sympatico.ca) or Stephanie Reid at [romasoccer.info@gmail.com](mailto:romasoccer.info@gmail.com)

### **7 week developmental program for ages 4-6 and 6-8**

1 hour sessions

25 minutes of skill building drills

25 minutes of 7v7 scrimmage.

Cost: \$50.00

### **7 week development program for ages 9-10, 11-12**

1.25 hour sessions

30 minutes of skill building drills.

30 minutes of 7v7 scrimmage

Cost: \$70.00

### **7 week Futsal program for ages 13 and up.**

1.25 hours per session

4v4 scrimmaging on mini fields

Cost: \$70.00